

## 1. READY - BEFORE INHALATION



Remove the protective cap by lightly squeezing the arrows marked on each side and pulling outwards.



Hold the **TUDORZA<sup>®</sup> PRESSAIR<sup>®</sup>** inhaler with the mouthpiece toward you and the green button facing straight up. Do not tilt.



Press the green button all the way down and release to prepare your dose. Do not tilt.



Do not hold the green button down. Stop and check to make sure the dose is ready for inhalation.



Check to see if the color of the control window has changed from red to green. If the controller window remains red, go back to Step 1.



The green control window confirms that your medication is ready for inhalation.

## 2. CLICK - DURING INHALATION



Hold the inhaler away from your mouth, and breathe out completely. Never breathe into the inhaler.



Put your lips tightly around the mouthpiece of the **TUDORZA<sup>®</sup> PRESSAIR<sup>®</sup>** inhaler. Take a strong, deep breath. A "click" sound will occur during inhalation when the inhaler is used correctly. Keep breathing in as long as possible, even after you have heard the "click";\* to be sure you get the full dose. Remove the **TUDORZA<sup>®</sup> PRESSAIR<sup>®</sup>** inhaler from your mouth and hold your breath as long as possible. Then slowly breathe out, away from the inhaler.

## 3. CONFIRM - AFTER INHALATION



Make sure the control window has turned green to red. This "confirms" that you've inhaled your full dose correctly. If the window did not change to red, you may have forgotten to remove your finger from the green button before inhaling, or you may not have inhaled correctly. If this happens, go back to Step 2 and repeat the dosing instructions.



Once the control window turns red, place the protective cap back onto the mouthpiece of the **TUDORZA<sup>®</sup> PRESSAIR<sup>®</sup>** inhaler.

\*Note: Some people may not hear the "click." Use the control window to ensure you have inhaled correctly.

## INDICATION AND USAGE

- **TUDORZA<sup>®</sup> PRESSAIR<sup>®</sup>** (aclidinium bromide inhalation powder) is a prescription medicine to treat chronic obstructive pulmonary disease (COPD). COPD is a long-term (chronic) lung disease that includes chronic bronchitis, emphysema, or both.
- **TUDORZA<sup>®</sup> PRESSAIR<sup>®</sup>** is **not** a rescue medicine and should not be used for treating sudden breathing problems. Your healthcare provider may give you other medicine to use for sudden breathing problems.

## IMPORTANT SAFETY INFORMATION

### Who should not use **TUDORZA<sup>®</sup> PRESSAIR<sup>®</sup>**

Do not use **TUDORZA<sup>®</sup> PRESSAIR<sup>®</sup>** if you have a severe allergy to milk proteins, or are allergic to aclidinium bromide, or any of the ingredients in **TUDORZA<sup>®</sup> PRESSAIR<sup>®</sup>**. Ask your healthcare provider if you are not sure.

Please see additional **Safety Information** on reverse side and the **Full Prescribing Information** at [tudorza.com](http://tudorza.com).

## USEFUL TIPS - Help Manage COPD Over the Long Term



### STICK TO YOUR TREATMENT PLAN

Follow your doctor's advice on how and when to take medication. Remember to always use the inhaler correctly for best results.



### GET REGULAR CHECKUPS

Schedule a few visits with your doctor every year - even if you feel fine! Checking in can help you know if you're on the right treatment plan.



### STAY ACTIVE AND EAT RIGHT

Make sure you stay active and eat right. It can be good for your body. A simple way to start is to take walks and eat a balanced diet.



### QUITTING SMOKING IS MOST IMPORTANT

If you find it difficult, reach out to a doctor for a professional recommendation.

## What Should I Tell My Healthcare Provider Before Using TUDORZA® PRESSAIR®?

Before you use **TUDORZA® PRESSAIR®**, tell your healthcare provider about all your medical conditions, including if you have eye problems (especially glaucoma), prostate, or bladder problems, or problems passing urine. **TUDORZA® PRESSAIR®** may make these problems worse.

Tell your healthcare provider if you are pregnant or plan to become pregnant. It is not known if **TUDORZA® PRESSAIR®** can harm your unborn baby. If you are breastfeeding or plan to breastfeed, **TUDORZA® PRESSAIR®** may pass into your breast milk. You and your doctor should decide if you will take **TUDORZA® PRESSAIR®**.

Tell your healthcare provider about all the medicines you take, including prescription and non-prescription medicines, eye drops, and vitamins and herbal supplements. Especially tell your healthcare provider if you take anticholinergics (including tiotropium, ipratropium, umeclidinium, glycopyrrolate) or atropine.

**Do not** use **TUDORZA® PRESSAIR®** more often than prescribed or take more medicine than prescribed for you.

Seek immediate medical help if your breathing problems worsen with **TUDORZA® PRESSAIR®**, you need to use your rescue inhaler more often than usual, or your rescue inhaler does not work as well for you.

## What are the Possible Side Effects of TUDORZA® PRESSAIR®?

**TUDORZA® PRESSAIR® can cause serious side effects.** Stop taking **TUDORZA® PRESSAIR®** and seek medical help right away if you experience:

- **Sudden breathing problems immediately after use of TUDORZA® PRESSAIR®**
- **New or worsened symptoms of increased pressure in your eyes (acute narrow-angle glaucoma)**, which may include eye pain or discomfort, nausea or vomiting, blurred vision, seeing halos or bright colors around lights, or red eyes. Using only eye drops to treat these symptoms may not work and if not treated, this could lead to permanent loss of vision
- Symptoms of **new or worsened urinary retention** (difficult, painful, or frequent urination, or urination in a weak stream or drips)
- **Serious allergic reactions** including rash, hives, swelling of the face, lips, tongue, or throat; breathing problems; and itching

## What are the Most Common Side Effects of TUDORZA® PRESSAIR®?

The most common side effects of **TUDORZA® PRESSAIR®** include headache, common cold symptoms, and cough.

In a long-term cardiovascular safety trial of up to 3 years, adverse reactions (occurring at a rate of  $\geq 2\%$  and more common than placebo) were nausea, back pain, cough, hypertension (high blood pressure), sinusitis, constipation, arthralgia (joint pain), anemia, muscle spasms, cardiac failure congestive (congestive heart failure), cellulitis (skin infection), and gastroesophageal reflux disease.

These are not all the possible side effects with **TUDORZA® PRESSAIR®**.

### ADVERSE REACTIONS

You may report an adverse event related to Covis Pharma products by calling 1-877-411-2510 or emailing [medinfoUS@covispharma.com](mailto:medinfoUS@covispharma.com).

If you prefer, you may contact the U.S. Food and Drug Administration (FDA) directly at [fda.gov/medwatch](http://fda.gov/medwatch) or call 1-800-FDA-1088.

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